



MYRTLE BEACH TRACK & FIELD CLUB

2013 CROSS COUNTRY SEASON REGISTRATION



Registration for the 2013 USA Track and Field Youth Cross Country (XC) season begins Tuesday, September 17, 2013 and will be open until October 11th 2013. Boys and girls ages 6 – 18 years old are eligible to compete race distance of 2k, 3k, 4k & 5k. All athletes must be registered members of USA Track and Field and the Myrtle Beach Track Club in order to compete in USATF Jr. Olympics XC competitions.

2013 Registration Fees

Fee Structure	New Athletes	Returning Athletes
Club Registration (includes team t-shirt)	\$40.00	\$40.00 (includes entry fees)
USATF Registration	\$20.00	\$0 if 2013 USATF Member
Uniform Fee	\$30.00	-----
Total	\$90.00	\$40.00

MBTFC Uniform Policy: Athletes must wear MBTC uniforms when competing in USATF competitions, but not in open meets. You are not required to purchase a new uniform if your current uniform fits.

Practice Schedule

Practice Days/Times are subject to change due to stadium sporting events or as deemed necessary.
Practice is currently on Tuesday and Thursday at Doug Shaw Stadium (3205 North Oak Street, MB, SC 29577). Practice begins at 6:00pm and ends at 7:00pm.

Tentative Cross Country (XC) Meet Schedule

Date	Meet	Place
October 5, 2013	Mt. Pleasant 2K/3K-5K	Mt. Pleasant, SC
October 12, 2013	Storm TC 2K/3K-5K	Columbia, SC
October 19, 2013	Summerville 2K/3K-5K	Summerville, SC
October 26, 2013	David Allen 3K-5K	Charleston, SC
November 9, 2013	SC HS State XC Championships	Columbia, SC
November 16, 2013	USATF SC Junior Olympic XC Meet	Rock Hill, SC
November 23, 2013	USATF Region 4 Junior Olympic XC Meet	Georgia (City TBD)
December 14, 2013	USATF National Junior Olympic XC Meet	San Antonio, TX

NOTE FOR HIGH SCHOOL ATHLETES

Myrtle Beach Area high school athletes may pre-register for the 2013 USATF Youth Cross Country Season by October 11, 2013, but the athlete CANNOT compete until after their high school cross country season has concluded.

High school XC athletes will compete in Boys & Girls Age Divisions 13 – 14 (4k), 15 – 16 (5k), and 17 -18 (5k). High school XC athletes interested in competing in the 2013 South Carolina XC Junior Olympic Championships on November 8, 2013 Coach "Rich" Richardson or T'Mars McCallum prior to the registration deadline (November 11, 2013).

Coach "Rich" Richardson
Executive Director & Head Coach
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T'Mars L. McCallum
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