



TRACK & FIELD CHAMPIONSHIPS
Doug Shaw Stadium, Myrtle Beach, SC
June 13th – June 15th 2014

Saturday, June 14th Day 2 Schedule

Please arrive for check in for your event at least 45 minutes prior to start time.
If Rain Delay Schedule will Change to Rolling

Running Events:

8:00 AM	1500m Run * Finals*	All Divisions	Top 8 advance to Regional Championship
10:00 AM	100m Trials	All Divisions	Top 8 times advance to Sunday final
12:00 PM	400m Trials	All Divisions	Top 8 times advance to Sunday final
1:30	4 x 100m relay Trials	All Divisions	Top 8 times advance to Sunday final
2:30	80m Hurdle Trials	(11/12 G/B) (30")	Top 8 times advance to Sunday final
3:00	100m Hurdle Trials	(13/14 G/B) (15/16 G) (17/18 G) (14/15G = 30")	Top 8 to Sunday final (14/15B, 15/16G, 17/18 G =33")
3:30	110m Hurdle Trials	(15/16, 17/18 B) (39")	Top 8 advance to Sunday final
3:45	200m Trials	All Divisions	Top 8 times advance to Sunday final

Field Events:

Shot Put

8:30 AM	(8 & under G/B) (2lb)
9:30	(9/10G) (6lb)
10:30	(9/10B) (6lb)
11:30	(11/12G) (6lb)
1:00PM	(11/12B) (6lb)
2:30	(13/14G) (6lb)

Pole Vault

9:00 AM (17/18G)	*Warm up @ 8:15AM
1145 PM (17/18B)	*Warm up @ 10:30AM

Discus

8:00 AM	(13/14B) (1 kg)
10:00	(15/16G) (1 kg)
11:30	(15/16B) (1.6 kg)
12:30 PM	(17/18G) (1 kg)
1:30	(17/18B) (1.6 kg)

Long Jump

8:00 AM
10:00
12:00 PM
1:45

Pit #1

(13/14B)
(13/14G)
(11/12B)
(11/12G)

Pit #2

(17/18B)
(17/18G)
(15/16B)
(15/16G)

High Jump

8:00 AM	(15-16G)
9 :30	(11-12B)
10 :45	(11/12G)
12 :00PM	(9/10G)
1:30	(9-10B)

***Running events with less than 8 competitors will be run as a final!!**